

Meals at Home

Hybrid Learning

Birmingham Public Schools in collaboration with Chartwells has developed a take home meal service which will allow students to have great food while at home. Due to the nature of the pandemic, the meals sent home do not directly reflect our everyday school lunch program.



Great Menus

We serve food kids love to eat! **Chicken nuggets and Pizza are just a few...**

Meals will feature foods that are prepared by staff in BPS kitchens. The menu will consist of classic cold items as well as popular entrees that will be chilled and served cold to be taken home and reheated. Heating instructions are provided. All meals include protein, grains, fruits, vegetables and milk.



Who Qualifies

Any child under the age of 18 may receive weekly boxes each containing seven breakfasts and seven lunches.. No application or identification needed; children can simply show up at any participating site to receive a healthy meal.

BPS will serve meals to students over the age of 18 who are utilizing special education resources or currently enrolled in school to complete the requirements for a high school diploma.



Cost

Due to a flexibility issued for the school meals programs by USDA breakfast and lunch will be **FREE FOR ALL STUDENTS** until December 31, 2020 or until program funds are depleted. Students will not need to pay for a complete breakfast and lunch. This includes students in school and those learning virtually. Meals will be provided free of charge to anyone under 18 years of age or under 26 years of age with a disability.



Picking Up Meals at School

Meals for children will be provided at the end of your child's school day. Your meal will contain a lunch entrée, fruit, vegetable, breakfast, and milk. Your meal bag contains perishable products, and should be immediately stored in refrigeration between 36° F- 41° F, for best quality and freshness. Meals will have to be reheated to a safe temperature before consuming – see next page.

All students are given the same meals, therefore, please be aware that if your child has any food allergies and you would not like them to receive a meal or make alternative arrangements to contact BPS Registered Dietitian, Holly Fields, RDN at hfields@birmingham.k12.mi.us



Associate Safety

Safety is a big part of our culture because we care about our associates and everyone we serve. All Chartwells K12 associates participate in COVID-19 specific training developed in consultation with the Cleveland Clinic, undergo health screenings before each workday and follow strict guidelines for glove, mask and physical distancing protocols. Enhanced cleaning and sanitation measures help assure the safest environments possible.



School Meals are Safe

The Centers for Disease Control and Prevention (CDC), the Food & Drug Administration (FDA) and the World Health Organization (WHO) all stress that there is no evidence COVID-19 spreads via food or food packaging. Whether meals are served in school or at a grab-and-go pick up location, school meal preparation is conducted in strict adherence with federal, state and local food safety regulations. In addition, CDC and FDA procedures are in place to protect school nutrition staff and the students they serve, including the use of Personal Protective Equipment, additional cleaning of food preparation and service areas and regular training on proper hygiene practices and food safety measures.

Preparing Your Meal



**Keep Cold
Foods Cold**

**100% Fruit Juice
Yogurt Cups
String Cheese
Deli Sandwiches**

Store in refrigeration between 36°F – 41°F for best quality and freshness



**Heat Hot
Foods Up**

Crispy Chicken Sandwich/Nuggets/Pizza/Corn dog:

Conventional Oven – preferred method

350F for 15 – 18 minute - reheat until internal temperature reaches 165F

Microwave –

Place on microwave safe plate and microwave on High for 1:30 or until internal temperature reaches 165F

Corn/Green Beans/Sliced Carrots/Peas:

Remove from Container, place in microwave safe bowl. Add small amount of water, cover, microwave 30 second increments until 165F is reached



For detailed reheating instructions and reheating instructions for other items please see our website at BPS or *Hold your device so that the QR code appears in the viewfinder in the Camera app. Your device recognizes the QR code and shows a notification. Open the camera app on your phone or device Tap the notification to open the link.*

Serving Up Happy & Healthy



Contact Pattie Guck at 248-228-7172