






# What's on the Menu?

## BCS Lunch Menu Week of October 4<sup>th</sup>, 2021

Station	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
	<b>Spaghetti and Meatballs</b> Spaghetti Noodles with All-Beef Meatballs. Served with Seasoned Green Beans	<b>Build Your Own Chicken Tender Wrap</b> Chicken tenders with your choice of shredded cheddar or mozzarella cheese, lettuce, tomato, and onion. Served with Baked Wedges	<b>Loaded Waffle Fries</b> Baked Waffle Fries topped with Choice of Cheddar Cheese, Black Beans, Beef, Tomatoes, and Green Onions. Warm Dinner Roll on the Side	<b>Herb Roasted Chicken</b> With Mashed Potatoes, Chicken Gravy and Cinnamon Glazed Carrots Warm Dinner Roll on the Side	<b>Taco Bar</b> Your Choice of Chicken or Beef, Steamed Corn, Shredded Cheddar Cheese, Roasted Tomato Salsa and DIY Veggie Toppings Served with Steamed Corn
	Available Daily: Chicken Nuggets with Biscuit				
	Crispy Chicken Sandwich Served with Baked Waffle Fries	Turkey Corndog Served with Baked Wedges	Chicken Drumstick with Biscuit Served with Baked Waffle Fries	Chicken Tenders with Biscuit Served with Baked Tater Tots	BBQ Cheddar Chicken Sandwich Served with Baked Straight Fries
	Available Daily: Whole Grain Bosco Sticks with Dipping Sauce or 3 Cheese French Bread				
	Available Daily: Hummus Platter with Pita & Fresh Veggies				
	Apple Cinnamon Crunch Parfait Grilled Chicken Caesar Salad	Very Berry Yogurt Parfait Tuna Salad Platter	Apple Cinnamon Crunch Parfait Grilled Chicken Caesar Salad	Very Berry Yogurt Parfait Tuna Salad Platter	Apple Cinnamon Crunch Parfait Grilled Chicken Caesar Salad
 <i>Fruit &amp; Vegetable Bar Included with all meals</i>	Broccoli Florets Caesar Salad Cinnamon Bananas Assorted Fresh Fruit & Vegetables	Radish Slices Cucumber Coins Pineapple Chunks Assorted Fresh Fruit & Vegetables	Tomatoes Power Peas Fresh Strawberries Assorted Fresh Fruit & Vegetables	Celery Sticks Purple Cauliflower Clementines Assorted Fresh Fruit & Vegetables	Rainbow Carrots Black Beans Grapefruit Wedges Assorted Fresh Fruit & Vegetables

*A lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include fat-free white, chocolate or strawberry.*



As school foodservice programs move to return to normal, we are facing unprecedented issues with the nationwide food supply chain that will cause us to alter our posted menus with little to no notices. While it is our intention to serve the posted menu, supply issues may not make this possible until nationwide food supply chain issues are rectified. We will always attempt to substitute the scheduled menu item with another that is similar.