



# What's on the Menu?

## Berkshire Middle School Lunch Menu Week of December 12<sup>th</sup>, 2022

Station	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
	<b>Philly Steak Bowl</b> Build your own Bowl with Rice, topped with Steak, Sautéed Onions, Mushrooms, Peppers, Melted Cheese	<b>Sweet &amp; Sour Chicken Bowl</b> Crunchy Popcorn Chicken with Sticky Rice and Oranges, topped with Sweet & Sour Sauce. Served with Chicken Egg Roll	<b>Brunch for Lunch</b> Whole Grain Cinnamon French Toast, Scrambled Eggs with Cheddar Cheese and Baked Tater Tots	<b>Build Your Burger</b> Your choice of Beef or Garden Burger, American, Provolone or Pepperjack Cheese Sautéed Onions Peppers Lettuce & Tomato Baked Fries	<b>Baked Potato Bar</b> Baked Potato with choice of Cheese, Bacon, Broccoli, Green Onions, Sliced Jalapeños, and Sour Cream. Served with a Dinner Roll
	Available Daily: Chicken Nuggets with Biscuit				
	Buffalo Ranch Crispy Chicken Sandwich  Served with Baked Waffle Fries	Turkey Corndog  Served with Baked Waffle Fries	Chicken Drumstick with Biscuit  Served with Baked Tater Tots	Chicken Tenders with Biscuit  Served with Baked Straight Fries	Crispy Chicken Sandwich  Served with Baked Waffle Fries
	Available Daily: Whole Grain Bosco Sticks with Dipping Sauce 				
	Available Daily: Made to Order Taco, Nachos, or Burrito Bowl  Whole Grain Wrap, Tortilla Chips, or Brown Rice Beef or Beans Cheese, Lettuce, Tomatoes, Onions				
	Available Daily: Hummus Platter with Pita & Fresh Veggies				
	Apple Cinnamon Crunch Parfait  Turkey Cobb Salad	Very Berry Yogurt Parfait  BLT Chicken Salad	Apple Cinnamon Crunch Parfait  Turkey Cobb Salad	Very Berry Yogurt Parfait  BLT Chicken Salad	Apple Cinnamon Crunch Parfait  Turkey Cobb Salad
 <i>Fruit &amp; Vegetable Bar Included with all meals</i>	Tomatoes Power Peas Cinnamon Bananas Assorted Fresh Fruit & Vegetables	Orange Wedges Cucumber Coins Mandarin Oranges Assorted Fresh Fruit & Vegetables	Broccoli Florets Caesar Salad Chilled Peaches Assorted Fresh Fruit & Vegetables	Celery Sticks Purple Cauliflower Pineapple Tidbits Assorted Fresh Fruit & Vegetables	Rainbow Carrots Black Beans Sliced Strawberries Assorted Fresh Fruit & Vegetables

Student Lunch is \$3.25 or \$0.40 if reduced lunch; 2<sup>nd</sup> entrée is \$2.50

*A lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include fat-free white, chocolate or strawberry.*



As school foodservice programs move to return to normal, we are facing unprecedented issues with the nationwide food supply chain that will cause us to alter our posted menus with little to no notices. While it is our intention to serve the posted menu, supply issues may not make this possible until nationwide food supply chain issues are rectified. We will always attempt to substitute the scheduled menu item with another that is similar.

This Institution is an equal opportunity provider.