



Gluten-Free Policy

In order to better accommodate students who require a gluten-free diet Chartwells has developed a limited menu for students to order from. The price of the meal will be the same as a regular lunch and will still qualify for free or reduced price meals if you should qualify for that as well.

The menu is limited to reduce the possibility of storage cross-contamination and all items are made without gluten. All products provided are products listed as gluten-free by our suppliers or known to be gluten-free. (Please note that the High School and Middle School may have more options on the regular scheduled menu that are free of gluten.)

Who Can Participate

At this time, the made without gluten menu is only available to those children whose parent or guardian provides:

- A)** A medical statement from a licensed physician noting that the child must have a gluten-free diet,
- B)** Notify your school Kitchen Manager if you have a Medical or Allergy Statement on file with the school district indicating that a gluten-free diet is required.

Notice Required

Please note that your Kitchen Manager may need time to order and begin stocking the free of gluten food items. You should notify Holly Fields, RDN of documentation as listed above and we will connect you with your school's Kitchen Manager.

Made without Gluten Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Egg Patty with Turkey Sausage Link Tater Tots or Smiley Fries	Bunless All Beef Ballpark Hot Dog With Daily Hot Vegetable	Free of Gluten Cheese Pizza With Daily Hot Vegetable 	Grilled Chicken Breast with BBQ Sauce With Daily Hot Vegetable	Hummus with Fresh Assorted Vegetables With Daily Hot Vegetable
Yogurt Parfait with Whole-Grain, Gluten-Free Cheerios				
Caesar Salad With String Cheese				
Cereal Fun Lunch: Whole-Grain, Gluten-Free Chex or Cheerios, Yogurt Cup, and String Cheese				

All meals include fruit and vegetable bar on our regularly scheduled menu

To begin the order process or if you have any questions, please contact:
 Holly Fields, RDN
 District Dietitian/Assistant Director of Food Service
hfields@birmingham.k12.mi.us