






What's on the Menu?

BCS Lunch Menu Week of October 18th, 2021

Station	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
	Philly Steak Bowl Build your own Bowl with Rice, topped with Steak, Sautéed Onions, Mushrooms, Peppers, Melted Cheese	Sweet & Sour Chicken Bowl Crunchy Popcorn Chicken with Sticky Rice and Oranges, topped with Sweet & Sour Sauce. Served with Chicken Egg Roll	Brunch for Lunch Whole Grain Cinnamon French Toast, Scrambled Eggs with Cheddar Cheese and Baked Tater Tots	Build Your Burger Your choice of Beef or Garden Burger American, Provolone or Pepperjack Cheese Sautéed Onions Peppers Lettuce & Tomato Served with Baked Straight Fries	Build Your Own Nachos Tortilla Chips with Your Choice of Chicken, Beef, or Beans with Steamed Corn, Shredded Cheddar Cheese, Roasted Tomato Salsa and Fresh Veggie Toppings
	Available Daily: Chicken Nuggets with Biscuit				
	Buffalo Ranch Crispy Chicken Sandwich Served with Baked Waffle Fries	Turkey Corndog Served with Baked Waffle Fries	Chicken Drumstick with Biscuit Served with Baked Tater Tots	Chicken Tenders with Biscuit Served with Baked Straight Fries	Crispy Chicken Sandwich Served with Baked Waffle Fries
	Available Daily: Whole Grain Bosco Sticks with Dipping Sauce or 3 Cheese French Bread				
	Available Daily: Hummus Platter with Pita & Fresh Veggies				
	Apple Cinnamon Crunch Parfait Turkey Cobb Salad	Very Berry Yogurt Parfait BLT Chicken Salad	Apple Cinnamon Crunch Parfait Turkey Cobb Salad	Very Berry Yogurt Parfait BLT Chicken Salad	Apple Cinnamon Crunch Parfait Turkey Cobb Salad
 <i>Fruit & Vegetable Bar Included with all meals</i>	Tomatoes Power Peas Cinnamon Bananas Assorted Fresh Fruit & Vegetables	Orange Wedges Cucumber Coins Mandarin Oranges Assorted Fresh Fruit & Vegetables	Broccoli Florets Caesar Salad Chilled Peaches Assorted Fresh Fruit & Vegetables	Celery Sticks Purple Cauliflower Pineapple Tidbits Assorted Fresh Fruit & Vegetables	Rainbow Carrots Black Beans Sliced Strawberries Assorted Fresh Fruit & Vegetables

A lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include fat-free white, chocolate or strawberry.



As school foodservice programs move to return to normal, we are facing unprecedented issues with the nationwide food supply chain that will cause us to alter our posted menus with little to no notices. While it is our intention to serve the posted menu, supply issues may not make this possible until nationwide food supply chain issues are rectified. We will always attempt to substitute the scheduled menu item with another that is similar.