

# KID'S STOP

# Cafe



eat. learn. live.

## Birmingham Elementary Lunch Menu January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1  Happy New Year	2  <b>Domino's</b> Cheese Pizza or Pepperoni Pizza	3 Baked, Whole Grain Chicken Tenders With Dipping Sauce  Fresh Steamed Broccoli	4 <b>#FiestaFriday</b> Black Bean or Beef Taco Romaine Lettuce Diced Tomatoes Salsa  Steamed Corn
7 <b>Roberto's</b> <b>Breakfast Bake</b> Scrambled Eggs topped with Baked Hashbrowns & Turkey Sausage	8 Whole Grain Rotini Pasta with Meat Sauce  Fresh Steamed Green Beans	9  <b>Domino's</b> Cheese Pizza or Pepperoni Pizza	10 Three Cheese Baked French Bread  Savory Green Beans	11 Whole Grain, Baked Turkey Corndog  Baked Straight Fries
14 <b>#BrunchforLunch</b>  Whole Grain Pancakes Smuckers Syrup Turkey Sausage Link  Baked Tater Tots	15 Gardenburger or All Beef Steakburger with Cherries Romaine Lettuce Sliced Tomatoes  Steamed Carrots	16  <b>Domino's</b> Cheese Pizza or Pepperoni Pizza	17  Crispy Chicken Sandwich  Fresh Roasted Brussel Sprouts	18 <b>#FiestaFriday</b> Build Your Own Nachos Black Beans or Beef Cheddar Cheese Romaine Lettuce Diced Tomatoes Salsa Steamed Corn
21  <b>Martin Luther King Day</b> <b>No School</b>	22  Whole Grain Mac & Cheese  Fresh Steamed Broccoli	23  <b>Domino's</b> Cheese Pizza or Pepperoni Pizza	24  Baked Chicken Drumstick Local, Fresh Baked Dinner Roll  Steamed Carrots	25  Grilled Cheese and Tomato Soup with Whole Grain Crackers  TREAT: Whole Grain Sugar Cookie
28 <b>#BrunchforLunch</b> Whole Grain Pull Apart Cinnamon Rolls Turkey Sausage Link  Baked Tater Tots	29 All Beef Ballpark Frank Hot Dog on Whole Grain Bun  Bush's Baked Beans	30  <b>Domino's</b> Cheese Pizza or Pepperoni Pizza	31 <b>#LuckyTrayDay</b> Baked, Whole Grain Chicken Tenders With Dipping Sauce  Fresh Steamed Broccoli	
<b>Daily B Choice</b>				
Yogurt Parfait with Berries	Baked, Whole Grain Chicken Nuggets		Chicken Caesar Salad	Whole Grain Bosco Sticks w/ Marinara
<b>Daily C Choice</b>				
Grape & Cheese Cup with Goldfish Crackers	Turkey, Ham, & Cheese Sub	Grape & Cheese Cup with Goldfish Crackers	Turkey, Ham, & Cheese Sub	Grape & Cheese Cup with Goldfish Crackers
All lunch Choices include ALL fruits & vegetables offered on regular menu and our Fruit & Vegetable Bar				

Student Lunch is \$3.00 or \$0.40 if reduced lunch; 2<sup>nd</sup> entrée is \$1.50. Adult lunch is \$3.90  
 Items available for individual purchase all \$0.50 each: milk, water, item off fruit/veggie bar  
 A lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1)  
 fruit side dish, and a choice of milk. Milk choices include fat-free white, chocolate or strawberry.

This Institution is an equal opportunity provider.



## Daily Fruit & Vegetable Bar

Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 Baby Carrots Cinnamon Applesauce Raisins Assorted Whole Fresh Fruit & Veggies	3 Garbanzo Beans Cucumber Coins ★ Starfruit ★ Assorted Whole Fresh Fruit	4 <i>Toppings for entree:</i> Diced Tomatoes & Chopped Romaine Bell Pepper Strips Pineapple Tidbits Assorted Whole Fresh Fruit
7 Roberto's Breakfast Bake Grapes Carrots Assorted Whole Fresh Fruit	8 <i>Toppings for entree:</i> Sliced Tomatoes & Romaine Jicama Sticks Broccoli Florets Caesar Salad Assorted Whole Fresh Fruit	9 Baby Carrots Cinnamon Applesauce Raisins Assorted Whole Fresh Fruit & Veggies	10 Homemade J-E-L-L-O with Mixed Fruit Black Beans <i>Blueberries</i> Assorted Whole Fresh Fruit	11 Baby Carrots Watermelon Cubes Kiwi Assorted Whole Fresh Fruit
14 Mandarin Oranges 100% Apple Juice <i>Blackberries</i> Assorted Whole Fresh Fruit	15 <i>Toppings for entree:</i> Sliced Tomatoes & Romaine Honeydew Cubes Garbanzo Beans Bell Pepper Strips Assorted Whole Fresh Fruit	16 Baby Carrots Cinnamon Applesauce Raisins Assorted Whole Fresh Fruit & Veggies	17 Cucumber Coins Grapes Free Stone Frozen Peach Cups Assorted Whole Fresh Fruit	18 <i>Toppings for entree:</i> Diced Tomatoes & Chopped Romaine Cauliflower Florets Pineapple Tidbits Assorted Whole Fresh Fruit
21 Martin Luther King Day No School	22 Cucumber Coins Cauliflower Florets Pineapple Tidbits Assorted Whole Fresh Fruit	23 Baby Carrots Cinnamon Applesauce Raisins Assorted Whole Fresh Fruit & Veggies	24 Celery Sticks Caesar Salad Grapes Assorted Whole Fresh Fruit	25 Cantaloupe Cubes Black Beans Mandarin Oranges Assorted Whole Fresh Fruit
28 Orange Wedges 100% Apple Juice Baby Carrots Assorted Whole Fresh Fruit	29 Celery Sticks Cherry Tomatoes Mandarin Oranges Assorted Whole Fresh Fruit	30 Baby Carrots Cinnamon Applesauce Raisins Assorted Whole Fresh Fruit & Veggies	31 Garbanzo Beans Cucumber Coins ★ Starfruit ★ Assorted Whole Fresh Fruit	